# THE CHATTAHOOCHEE CHALICE

The official newsletter of the Unitarian Universalist Fellowship of Columbus, GA



8827 Heiferhorn Way, Columbus, GA 31904 | Mailing: P.O. Box 698, Fortson, GA 31808 (706) 660-1442 | www.uucolumbusga.org | uucolga@bellsouth.net

## **SUNDAY SERVICES**

January 06 1st Sunday

**9:15** Adult Religious Education: Worth and Dignity **9:15** Children's Religious Education: Love for All Creatures

**NEW TIME 10:30** Coffee and Conversation **NEW TIME 11:00** Sunday Service: Rick Spradlin

Title: Turning Over a New Leaf

Service Leader: Rick Spradlin

Opener: Chris Nix

Greeters: Bill Edwards, Chris Nix

#### January 13

9:15 Adult Religious Education: Justice, Equity and

Compassion

9:15 Children's Religious Education: Love & Gratitude

**10:30** Coffee and Conversation **11:00** Sunday Service: Rick Spradlin

Title: The Tao of Pooh

Service Leader: Rick Spradlin Opener: Ellen Harlan

Greeters: Jeff Gordon, Maureen Humphries

January 20 3rd Sunday

Give Away the Plate recipient: El Refugio

**9:15** Adult Religious Education: Acceptance and En-

couragement

9:15 Children's Religious Education: From Anger to

Kindness

**10:30** Coffee and Conversation **11:00** Sunday Service: Jim Humphries

Title: Could UU Adopt Martin Luther King Jr's "Under-

standing of Christ"?

Service Leader: Bill Harlan

Opener: Pat Hart

Greeters: Orm Burnham, Mark Berger

#### January 27

9:15 Adult Religious Education: Truth and Meaning

9:15 Children's Religious Education: Responding with Love

10:30 Coffee and Conversation

**11:00** Sunday Service: Reverend Teresa Slusher Title: *The Way It Works, Your Invisible Power* 

Service Leader: John Land Opener: Maureen Humphries

Greeter: Judy Barnett, Robert Burnham

## Highlighted Events of the Month

## TIME CHANGES IN SCHEDULE

**10:30** Coffee and Conversation **11:00** Sunday Service

#### **COAT DONATIONS**

We are collecting coats (big box in the Great Hall) to give to the men being discharged from Stewart Detention Center in Lumpkin, Georgia.

# MINDFULNESS MEDITATION SERIES January 05

Joan Andras will hold a Meet-and-Greet to announce a revised 2019 schedule and to introduce *Mindfulness Meditation*.

#### January 12

**Mindfulness Meditation** at 12:15 p.m. will require pre-registration and a \$70 fee.

# OTHER UU EVENTS

## **Board Meeting**

meets on third Tuesdays, 7:00 p.m. *January 15* 

#### **Calm Abiding Meditation**

NEW TIME Every Saturday at 10:00am, followed by **Buddhist Studies** at 10:45.

Led by Joan Andras. Free and open format (come for some or all sessions). Public welcome.

\*January 12 a new class will be added to the schedule, **Mindfulness Meditation** at 12:15 p.m.

While Calm Abiding Meditation and Buddhist Studies are free, Mindfulness Meditation will require pre-registration and a \$70 fee.

#### **Caregivers' Support Group**

meets on 1st and 3rd Thursdays, 10:30 a.m.

#### **Exploring Spirituality**

meets on third Thursdays, 7:00 p.m.

January 17 Robbie Henson will lead the discussion on Jesus and His Message.

#### **Friday Lunch Group**

meets every Friday at Mandarin Café, 12:30 pm. Contact President Bill Harlan to join.

#### Give Away the Plate

on Third Sundays January 16th recipient: El Refugio

### **UU Singers Choir Practice**

meets Wednesdays at 6:00 p.m. & Sundays at 10:00 a.m.

#### **Wednesday Night Discussion Group**

meets every Wednesday, 7:00 p.m.

#### Women's Book Club

meets on fourth Tuesdays at 6:00 p.m. *January* 22

#### Women's Group

meets on the 2nd Thursday of each month. *January 11* 

#### The Greeter Team

# Practice your hospitality skills and become a Sunday morning Greeter!

The Greeter Team is looking for some additional volunteers. It's as easy as welcoming someone into your home. Come to the Greeter Team meeting on January 13th after the service to learn more.

# The Fundraising Committee Announcing two fundraisers for 2019:

A Mystery Dinner Theater in March (tickets sales start this month) and our Annual Yard Sale in October.

In this new year, let us be amazed.

Let us search for new life and hope in our midst.

Let us nurture creativity in every form.

Let us be reminded that new insights of the universe are always being made. In this new year, let us be amazed.

> IN THIS NEW YEAR, prayer Written By: Aaron Stockwell