THE CHATTAHOOCHEE CHALICE

The official newsletter of the Unitarian Universalist Fellowship of Columbus, GA



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SUNDAY SERVICES

February 03 1st Sunday

9:15 Adult Religious Education: Conscience and the Democratic Process

9:15 Children's Religious Education: Love Builds Trust

10:30 Coffee and Conversation **11:00** Sunday Service: Rick Spradlin

Title: Know Your Why: Finding Purpose to Focus Your

Talents and Energy

Service Leader: Rick Spradlin Opener: Sidney Wilson

Greeters: Judy Barnett, Emily Timmins-Wilde

February 10

9:15 Adult Religious Education: Peace, Liberty and

ustice

9:15 Children's Religious Education: Love in Action

10:30 Coffee and Conversation

11:00 Sunday Service: Monica Whatley

Title: Southern Poverty Law | What We're Doing in Lumpkin with the Stewart Detention Center

Service Leader: Ellen Harlan Opener: Dianne Wages

Greeters: Bill Edwards, Karyann Hull

February 17 3rd Sunday

Give Away the Plate recipient: TBD

9:15 Adult Religious Education: Respect for All **9:15** Children's Religious Education: Love is the Golden Rule

10:30 Coffee and Conversation **11:00** Sunday Service: Rick Spradlin

Title: The Eye of the Storm: Finding Serenity in a World

of Chaos

Service Leader: Ron Ussery

Opener: Chris Nix

Greeters: Robert Burnham, Chris Nix

February 24

9:15 Adult Religious Education: Concept of a Higher Pow- er

9:15 Children's Religious Education: Love is Like a Seed

10:30 Coffee and Conversation

11:00 Sunday Service: Florence Wakoko

Title: My Early Life in the USA and Where I am Today

Service Leader: Pat Hart

Opener: Connie Ussery Greeter: Orm Burnham, Jeff Gordon

Special Announcements

February 2 | Imbolc and Earth-Centered Spirituality

This years Celtic Imbolc cookout and ceremony will be combined with a meeting of the new Earth-Centered Spirituality Study Group.* Activities are 7-9 p.m., but we'll fire up the grill at 6 p.m. Bring something to cook, a side dish to share and your choice of drink.

*The Earth-Centered Spirituality Group wil meet again on Feb. 16. Beginning in March, the group will meet on the second and fourth Saturdays of the month.

February 23 | Dismantling Racism

1:30-4:00pm This workshop will be presented by Lynn Norris in the Great Hall

SAVE THE DATE!

The Fundraising Committee Announces A Mystery

Dinner Theater

March 22-23 | Tickets: \$35

CALLING FOR VOLUNTEERS

There's an updated list of Fellowship committees on the board above the Welcome Table, with contact information There are many ways you can lend a helping hand.

OTHER

UU EVENTS

Board Meeting

meets on third Tuesdays, 7:00 p.m. February 19. All members and friends are welcome. If you want to suggest an item for the agenda, contact any board member.

Calm Abiding Meditation

Every Saturday at 10:00 a.m., followed by **Buddhist Studies** at 10:45 a.m.

Led by Joan Andras. Free and open format (come for some or all sessions). Public welcome.

Mindfulness 101 at 12:15 p.m. This popular class led by Joaie Andras full.

Caregivers' Support Group

meets on 1st and 3rd Thursdays, 10:30 a.m.

Exploring Spirituality

meets on third Thursdays, 7:00 p.m.

Will not meet this month - will resume in March.

Friday Lunch Group

meets every Friday at Mandarin Café, 12:30 pm. RSVPs apprediated. Contact President Bill Harlan or Ed Wilson.

Water! Earth! Air! Fire!

Give Away the Plate

happens on the third Sunday of each month. We donate that offering to a worthy outside group. On Feb. 17th it's the Souther Poverty Law Center, which is doing great work here in Georgia.

Social Action Committee

meets on 10:30 Wednesday following Board Meeting February 20

UU Singers Choir Practice

is Wednesdays at 6:00 p.m. & Sundays at 10:00 a.m.

Wednesday Night Discussion Group

meets every Wednesday, 7:00 p.m.

Women's Book Club

meets on fourth Tuesdays at 6:00 p.m. *February 26*

Women's Group

meets on the second Thursday of each month. *January 11*

The Fundraising Committee

announces two fundraisers for 2019:

March 22-23, a UUFC Mystery Dinner Theater. Tickets are \$35.

October, the Annual UUFC Yard Sale. It's never too early to start saving things for this event and it's not to soon to volunteer to help.

Water: nurturer of life, sustainer of growth, basic to every living thing;

Earth: where every seedling takes root; the ground of our being, our home and point of outlook;

Air: in every breath we acknowledge the atmosphere wherein we live; the elixir of our existence;

Fire: thwarter of cold, light against the darkness, symbol of the burning human spirit.

Water! Earth! Air! Fire!

These signify the larger unity of all life and the glory of creation wherein our spirits are e braced.

Source: 1997 UUMA Worship Materials Collection; altered Words for Worship, Opening, Written By: Peter S. Raible

Earth-Centered Spirituality Study Group

The Unitarian Universalist Fellowship of Columbus is pleased to announce the creation of a new group. The Earth-Centered Spirituality Study Group will meet on the second and fourt Saturdays of each month, from 7 p.m. to 9 p.m.—usually in the Meditation Garden or the Meeting House, depending on the weather.

Unitarian Universalists in general and our Fellowship in particular are spiritually and philosophically diverse. Here in Columbus we include Christians of several kinds—Protestants and Catholics—as well as Jews, Buddhists, humanists, agnostics, atheists and others. We welcome people of many faiths, philosophies and ethical traditions—as long as they support the Seven Principles of Unitarian Universalism. The First Principle is especially important to us—the inherent worth and dignity of all people. Our diversity springs from our Fourth Principle—the right of everyone to pursue their own "free and responsible search for truth and meaning."

Here's our new group's mission statement:

The purpose of the Earth-Centered Spirituality Study Group is to provide opportunities for participants to explore the spirituality in different earth-centered and nature-based pathways. The study group seeks meaning in understanding human connectivity to nature and the universe. Meetings will include classes and other activities related to those topics. All activities of the Earth-Centered Spirituality Study Group will be conducted in a manner consistent with the policies and procedures of the Unitarian Universalist Fellowship with emphasis on abiding by the Seven Principles of Unitarian Universalism, which are the Fellowship's foundation.

The Earth-Centered Spirituality Study Group already met a couple times in January. This month, the Sat urday meetings are on Feb. 2 and Feb. 16. Then the group will meet The second and fourth Saturdays.

For more information about the study group, contact founders Orm Burnham or Cathy Rankin by email at uucolga@bellsouth.net. In the subject line put "information about the Earth-Centered Spirituality Study Group." You can find more information about UUs and earth-centered spirituality at the Unitarian Universalism Association website.